

Psalm 32



John Columba McCann

Happy are those whose offence is forgiven,
whose sin is remitted.

O happy are those to whom the Lord
imputes no guilt.

Response

But now I have acknowledged my sins;
my guilt I did not hide,
and you, Lord, have forgiven
the guilt of my sin.

Response

Rejoice, rejoice in the Lord,
exult, you just!
O come, ring out your joy,
all you upright of heart.

Response

-o0o-

Ngaala kaaditj Noongar moort keyen kaadak nidja boodja.
We respectfully acknowledge Noongar People as the original custodians
of this land, and their ongoing relationship with it.
We acknowledge their leaders, past, present, and emerging.

St David's, Ardross
St George's, Applecross
26 February 2023

Applecross
Anglican Church
Diocese of Perth



Lent I

Some suggestions for KEEPING A GOOD LENT

- ❖ Be more reflective. Waste some time with God every day.
- ❖ Take on deeper prayer.
- ❖ Live more out of your good desires rather than out of obligation and duty.
- ❖ Really work at reconciling with someone who has hurt you. Try not to get used to their absence.
- ❖ Read St Mark's Gospel slowly.
- ❖ Come to church prepared to hear the Gospel.
- ❖ Ask yourself where your Christian life is lived out of God. Where, when, and with whom is your faith obvious? Give thanks for those times, places and peoples. And ponder on those times when your faith is not obvious, and ask why is this so?
- ❖ Examine your habits. Are they addictive or do they leave you free?
- ❖ Allow yourself to believe God really loves you.
- ❖ Spend time focusing on something of beauty for no other reason than to deeply notice it.
- ❖ Become mindfully aware of your sisters and brothers.
- ❖ Notice children more than you usually do.
- ❖ Take on an attitude of gratitude in all things.



PRAYERS Gracious God, we ask for your blessing and healing for all.

In the Diocese we pray for: Archbishop Kay Goldsworthy and Bishop Kate Wilmot, and Bishop Christopher Ruto of our partnered Diocese of Eldoret. Our partnered parish St Stephens Aturei, priest Rev Josephat Bett and people.

For those in need at this time: Prayers of comfort, and peace for Chris, for his mum, Dorothy, and family, Pam, Gail, Penny, and for all on our hearts.

26 FEBRUARY LENT I	St George's 7.45 am	St David's 9.30 am
Welcomers and offering	June	Chris and Sam
1st reading: <i>Genesis 2.15-17, 3.1-7</i>	Jane	Soji
2nd reading: <i>Romans 5.12-21</i> Gospel <i>Matthew 4: 1-11</i>	Rosemary	Brian
Intercessor	Sue	Daphne P
Morning Tea	Jane	Deb and Sam

5 MARCH LENT II	St David's Patronal Festival 9.30 am
Welcomers and offering	Chris and Lois
1st reading: <i>Jonah 3.1-10</i>	Ann
2nd reading:	N/A
Intercessor	Brian
Morning Tea	Please bring a plate

Hymns: (1) TIS 224 (2) 223 (to 485) or Gospel Acclamation
(3) TIS 591 (4) TIS 141 (to 425)

APPLECROSS ANGLICAN PARISH

Priest in Charge: The Rev'd Wendy Gilbert
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NOTICES

ST DAVID'S PATRONAL service will be held 5 March 9.30am. There will be a combined service. Please bring a plate of yummy food to share.

MEDITATION continues on Thursdays 5.30pm St David's.

SCHOOL CHAPLAIN REQUEST - ASSISTANCE PLEASE Sam is asking for sliced bread and sliced cheese for the making of toasties for those primary school children who have had no breakfast or have no lunch.

SCHOOL CHAPLAIN BLESSING 3.30pm 1 March Mount Pleasant Uniting Church. Please come to show your support.

ASHES for ASH WEDNESDAY Thanks to Syd Adams for transforming our palm crosses to ash so we could be reminded we are but dust. Most precious dust.

LGBTIQA+ INCLUSION TRAINING 1-4pm Saturday 25 February, Midland Anglican Church. More details on our Facebook page.

TAKE 15 A service of 15 minutes will commence on Wednesday 1 March. 12.30 - 12.45pm every Wednesday at St David's.

Lent Study 2023 A Journey to the Heart of Jesus Through Psalm 22 The study held on Thursdays 10am at St David's meeting room commencing Thursday 23 February. **The evening online group will commence 2 March for 5 weeks. Please have read the first 9 chapters.** The link for online Lent study:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_NTk4ZDBjZGUtZTc0OS00NzMwLTgyNmEtZGQ5OWEyYmM2ZjNh%40thread.v2/0?context=%7b%22Tid%22%3a%22d2cb87ed-7ca5-4262-9c69-d4e67c0c9581%22%2c%22Oid%22%3a%2215cd77b2-6e33-40b0-bba0-bd33f9923e0e%22%7d

WORLD DAY of PRAYER 10am Friday 3 March, St Michael's, Mount Pleasant.

ADAM (Men's fellowship) - next meeting will be held on 4 March at 10am (St David's Seminar room). All men are encouraged to attend.

CONTAINERS FOR CHANGE Fund raising The Parish number is **C10681155**.

LIVE STREAM Zoom link The Applecross Anglican Church invites you to a scheduled Zoom meeting, every Sunday for the 9.30am Service Join the Zoom Meeting using the link: <https://us02web.zoom.us/j/84055609795?>